

ALL SWIMWEAR SHOULD BE TRIED ON OVER UNDERGARMENTS

GIRLS

1. No major wrinkling or gapping at center chest
 - a. have swimmer do a streamline position to check for excessive gapping
2. No wrinkling at outer chest
3. High hip line, suit should be at or right above hip bone
 - a. if swimmer is complaining that straps are tight – start by adjusting here
4. Straps when lifted don't stretch any higher than the bottom of the earlobe (give a good tug)
 - a. Fitting at bottom of ear lobe gives a little bit of growing room.
5. No wrinkling/gapping on rear of suit.



N&Z SPORTS

BOYS

1. Waistband fits snug **WITHOUT** being tied
 - a. ties are intended for additional security/tightness
2. No wrinkling/gapping at groin
3. Lower leg seam fits snug
 - a. should be able to slide no more than a couple of fingers under seam
4. No wrinkling/gapping at rear

